



Mentoring Program

Empowering Every
Student at BHOS



Welcome to BHOS!

The BHOS Mentoring Program is designed to support every student in achieving their academic, professional, and personal goals. Whether you're a first-year student, an international student, or part of an underrepresented group, our program connects you with mentors who provide the guidance and encouragement you need to thrive.





Our Mentoring Streams

The BHOS Mentoring Program offers three main types of mentorship for all students:

Career Mentoring

Led by the Career Center, this mentorship helps students build job-ready skills, plan their careers, and gain insights into the professional world through internships, networking, and workshops.

Academic Mentoring

Faculty mentors offer support with coursework, research, and preparation for academic competitions. Whether you need help with your studies or guidance on academic projects, this stream connects you with the expertise you need.

Peer Mentoring

New students are paired with experienced BHOS peers who offer advice on navigating campus life, student resources, and finding balance in academic and social activities.



Special Support for Underrepresented Groups

While the program is open to all students, BHOS is committed to creating a welcoming environment for everyone, especially those from underrepresented groups. Through additional resources and specialized mentors, we ensure that each student's background and unique needs are supported.

Women in STEM

For women pursuing careers in science, technology, engineering, and mathematics, our program connects them with experienced female mentors who provide encouragement, career advice, and insights into navigating traditionally male-dominated fields. This support includes networking events with women leaders, career-building workshops on topics like leadership and negotiation, and peer discussion groups that foster camaraderie and mutual support among women in STEM.

Students with Disabilities

BHOS is committed to accessibility and empowerment for students with disabilities. Our mentors are trained to understand and advocate for accessibility needs, offering practical advice and personal support to help students fully engage in their education. Additional resources include counseling services, customized accessibility tools, and dedicated advisors who work closely with students to ensure they have equal access to facilities, events, and academic materials.

First-Generation Students

For students who are the first in their families to attend university, our program offers guidance in adjusting to college life and academic expectations. These students often face unique challenges, and mentors with similar experiences can provide reassurance and practical tips on topics such as study strategies, time management, and making the most of BHOS resources. First-generation students are invited to attend workshops on academic success, professional networking, and leadership skills to empower them throughout their educational journey.



International Students

International students are vital members of the BHOS community, bringing unique perspectives and experiences. Our program offers specialized support to help international students adjust to life in a new country and navigate cultural differences.

International mentors assist with understanding local customs, managing academic transitions, and building connections with peers. Events such as cultural exchange nights, buddy systems, and information sessions on visa and work regulations help international students feel at home at BHOS.

Rural and Low-Income Backgrounds

Students from rural or low-income backgrounds may face additional financial and social challenges. Our mentoring program includes mentors who can offer guidance on financial resources, scholarships, and work-study opportunities to help ease the transition into campus life. Workshops on financial literacy, budgeting, and time management provide practical tools, while supportive mentors ensure students feel encouraged and empowered to make the most of their experience at BHOS.

How to Join

Simply complete a short <u>application</u> to be matched with a mentor who aligns with your interests and goals. Students from underrepresented groups can request mentors with relevant backgrounds for added support.

You can also use QR code to apply:



Resources & Events

Take part in workshops on public speaking, mental wellness, career development, and more. Designed for all students, these sessions also include topics relevant to the needs of underrepresented groups.

Feedback Matters

Your experience is valuable to us! After your mentoring sessions, we invite you to share your feedback to help us improve the program and make it even more supportive.



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